

Name: \_\_\_\_\_

# CARROTS

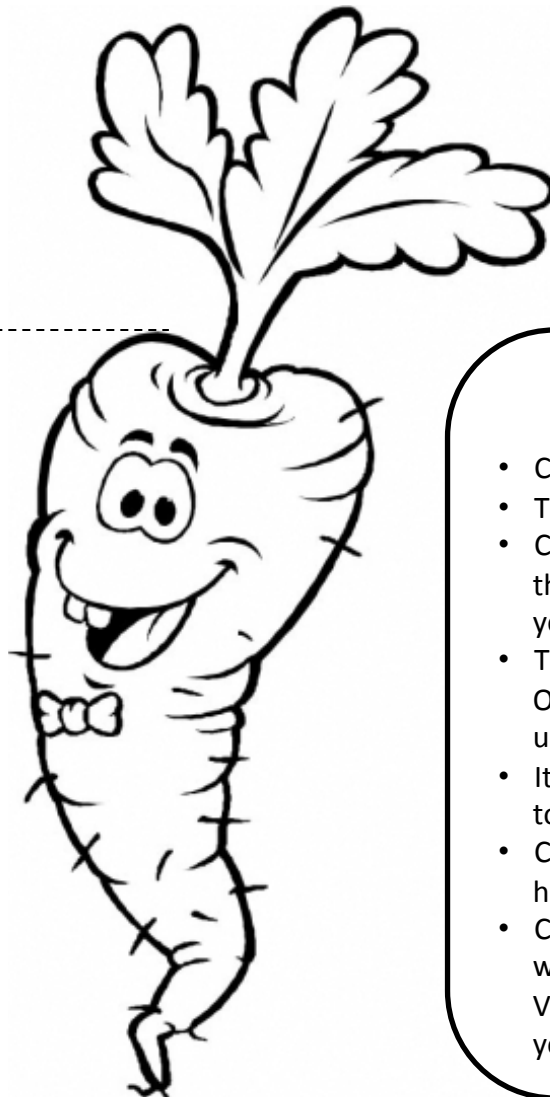
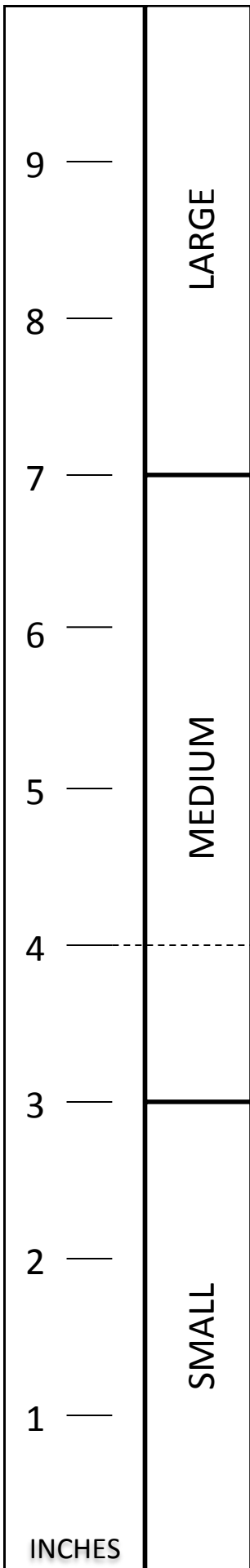
How does your carrot measure up?

\_\_\_\_\_ inches

Circle one: SMALL MEDIUM LARGE

What color is your carrot? (circle one)

Orange Purple Red Yellow White



## FUN FACTS

- Carrots are root vegetables.
- The part you eat grows underground.
- Carrots originated from wild roots in the Middle East/Asia thousands of years ago.
- The first carrots were purple & red. Orange carrots weren't developed until the 17<sup>th</sup> Century.
- It takes about 1-2 months for a carrot to grow.
- Carrots are healthy for you. They have lots of vitamins.
- Carrots have a lot of beta carotene which our bodies turn into Vitamin A. Vitamin A helps with night vision so you can see in the dark!

